

HOW TO WRITE YOUR ADVENTUROUS JOURNEY REPORT

The first paragraph of your report is where you provide details on your Practice Journey.

Practice Journey

Describe your Practice Journey - distance, location, duration, etc.

Did your Practice Journey prepare you for your Qualifying Journey?

Was your preliminary training completed and signed off by your assessor?

Did you undertake any other training or courses to prepare for your Qualifying Journey?

The remaining paragraphs must include answers to the following 6 questions.

Qualifying Journey

1. **Why did you make this journey?**

What was the purpose of your Adventurous Journey? (Examples - to test equipment, or a skill, to study the environment, to retrace the steps of an explorer, etc.)

2. **When did you take the trip?**

On what dates did the journey occur? (Start to finish – include month, day and year)

3. **Where did you go?**

Provide the name(s) of the exact geographic location(s).

Include a hand drawn map approximately to scale or a printed map or copy as long as it clearly show your route(s). You should include campsites, lunch stops, and short descriptive notes on the terrain, vegetation, wildlife, and any unusual occurrences.

4. **How did you travel?**

What was the method of travel from the start of the actual journey to its completion?

Did you carry your pack the whole time?

5. **Who went with you?**

Who (names) went with you (indicate leaders). Were they working on the Award?

Did you do this as part of a group or as an Independent?

6. **What did you experience?**

What were your experiences? What did you learn? What would you do differently if you did it again? How did your Qualifying Journey challenge you? What advice would you give to someone doing the same expedition?

Additional items that must be included:

- personal equipment list - your own list, not one supplied to you
- group equipment list - your own list, not one supplied to you
- first aid and safety equipment - weight of personal, group and safety equipment
- menu – outline what you had for meals and snacks on the entire trip
- any other material of interest or any other documentation – photos if possible

Special Notes

Refer to pages 16 through 23 in the Record Book for complete Adventurous Journey guidelines.

1. It is a great idea to bring a small journal on your expedition to write down your experiences – write your report soon after your trip so it is still fresh in your memory.
 2. Reports are to be prepared individually.
 3. Written reports should be understandable, hand written or typed, and neatly organized.
 4. Would the reading of your report prepare someone to meet the challenges and difficulties of this expedition?
 5. Is the preliminary training page and Qualifying Journey page of your Record Book completed and signed?
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The suggested distances in your Record Book on page 17 are guidelines only. Leaders and Independents must gauge what the group or individual is physically capable of. Terrain must also be taken into consideration when planning your route. THINK SAFETY

Applicants undertaking a short distance exploration will be assessed on the quality of their in depth study. The duration, however, must meet the requirements of the Record Book.

Expeditions are the most common of the Adventurous Journey, and are a journey where participants stay in a different campsite each night. This journey may have one of many purposes. The hours of planned activity are to be spent on journeying, navigating, route finding, camp set up and other tasks related to the purpose of the expedition.

All Journeys should involve travel by personal effort without motorized assistance.

There are three types of Adventurous Journeys:

1. Expeditions (A purpose with a trip)
2. Explorations (A trip with a purpose)
3. Adventurous Projects (a journey which does not fit the description of the above two)

If you are not sure what type of Adventurous Journey you are doing – please contact the Award Office. Also Explorations and Adventurous Projects need prior approval from the Award Office. Approval can be obtained by emailing a description of your trip to dea@islandnet.com

The duration and required hours of the journey varies depending on the level of the Award:

Bronze – Two days including one night away (an average of six hours a day).

Silver – Three days including two nights away (an average of seven hours per day).

Gold – Four days including three nights away (an average of eight hours per day).