

RESEARCH TO MONITOR THE OUTCOMES OF THE AWARD

There is an abundance of anecdotal evidence that tells us that young people who do the Award become more confident and resilient, and developed skills in areas such as communication and determination. These are the short-term, positive effects Award participants experience; the outcomes of the Award.

Through reading through interviews of Award participants and Award holders, talking with Award leaders, and conducting a literature review of how non-formal education benefits young people, we have identified the ten most prominent outcomes of the Award (see below image).

In the CASC region, we are conducting a large-scale research project to monitor three of these outcomes among young people; Confidence, Relationship and Leadership, and Communication skills. This research will help us see how young people develop across these outcomes and whether the Award may assist this development. Through this research we are gathering rich, quantitative data about how the Award makes a difference in the lives of young people. Taking us from testimonials to statistically significant data.

Having this data will enable us to shout louder about the benefits of extra-curricular activity for young people. It will enable you to promote your organisation or school through your delivery of this valuable programme, since you will be able to talk of the Award's proven effects. Read on to the next page to find out how this research works...



The outcomes of the Award for young people:

- Communication
- Confidence
- Planning & problem solving
- Relationships & leadership
- Creativity & adaptability
- Resilience & determination
- Managing feelings
- Civic competence
- Intercultural competence
- Personal & social well-being



HOW DOES IT ALL WORK?

3 Award participation and completion!

