

MY AWARD PLAN NAME:

General Information

Award Level:

Major Section (if this is your first Award level):

Award Leader Name:

Best way to contact Award Leader:

Physical Recreation, Skills, and Voluntary Service

<u>Sections</u>

Bronze Level: 3 months = 13 weeks. For the major section, 6 months = 26 weeks. **Silver Level:** 6 months = 26 weeks. For the major section, 12 months = 52 weeks. **Gold Level:** 12 months = 52 weeks. For the major section, 18 months = 78 weeks. It is ideal if these weeks are consecutive, but they do not need to be. These are the total amounts of time you need to dedicate to each Award level.

Weekly Activity = one hour minimum per week working towards your SMART goal in any given section. Biweekly Activity = two hours minimum every two weeks working towards your SMART goal in any given section.

Examples

- Participant A volunteers at the animal shelter to help build their social media presence. They spend two hours there every other Saturday over the course of 26 weeks to fulfill their Silver Requirement for Voluntary Service.
- Participant B is working to improve their 100-meter butterfly race time. They spend one hour per week focusing on this stroke in particular at swim practice over the course of 13 weeks to fulfill their Bronze Physical Recreation requirement.
- Participant C is working with a French tutor to improve their speaking ability twice per week for 30-minute sessions, adding up to one hour weekly. They plan to do this for a total of 52 weeks to fulfill their Gold Skills requirement. They will not meet with their tutor over school breaks, so they know that it their end date will actually be 56 weeks after they start working on this section.

	Physical Recreation	Skills	Voluntary Service
Target Start Date			
Target End Date			
Will you do this			
activity weekly or			
biweekly?			



	Physical Recreation	Skills	Voluntary Service	
Weeks when you				
won't be able to work				
on this section				
(holidays, vacations,				
etc.)				
Any potential				
obstacles you might				
face completing this				
section on time?				
Assessor Name & Title				
What resources will				
you need to complete				
this section? (Fees,				
supplies,				
transportation, etc.)				

Adventurous Journey Section

1.	How do you plan to complete your Adventurous Journey?
	Award Bermuda Approved Activity ProviderIndependent Adventurous JourneyInternational Registered Activity Provider
2.	How will you cover any costs associated with the journey?
	I and/or my family will cover these costsI will fundraise in my communityI will request need-based financial aid from Award Bermuda

Target date to finalize AJ option/location	
Start date for training and preparation	
End date for training and preparation	
Dates of Practice Journey	
Dates of Qualifying Journey	



Gold Residential Project (if applicable)

1. What activity do you plan to do for your Gold Residential Project? Include the name of the organization you will complete the project with and where it will be located.

How will you cover any costs a	associated with the journey
I and/or my family will I will fundraise in my co I will request need-bas Bermuda.	
Target date to finalize Residential	
Project option/location	
Anticipated dates of Gold	
Residential Project	

SMART Goals & Aims

Click for more information on how to create a SMART goal. Make sure it is Specific, Measurable, Achievable, Realistic, and Time-bound.

Physical Recreation Goal:

Skills Goal:

Voluntary Service Goal:

Practice Adventurous Journey Aim:

Qualifying Adventurous Journey Aim:

Gold Residential Project Goal (if applicable):