



IN ACTION TOGETHER

The Duke of Edinburgh's Award and Army Cadets



This leaflet also applies to Award Participants in the Combined Cadet Force

Members of the Cadet Forces under 25 can use their Cadet activity towards gaining a Duke of Edinburgh's Award – and gain international recognition for their achievement.



This leaflet aims to outline how your involvement in Cadets can work even more to your advantage. You could also read the Award leaflet *At a Glance*. This is available from www.armycadetsandtheaward.org.uk, click on [Downloads] and then [At a Glance].

THE AWARDS

While Cadet training can obviously contribute significantly to your Award, you are encouraged to look outside the Army Proficiency Certificate (APC) when you participate. Simply gaining your APC badges will not be enough to gain a Duke of Edinburgh's Award – it is not 'two for the price of one' and some extra effort is required to gain an Award. A hobby, participation in a sport or voluntary involvement in a school or outside club will probably count towards your Award.

Bronze Award (14 + years)



Service	Skills	Physical Recreation	Expeditions
3 months	3 months	3 months	Plan, prepare for and undertake a 2 day, 1 night venture

All participants must undertake a further 3 months in either the Service, Skill or Physical Recreation Sections.

- Practical First Aid satisfies the Service Section conditions.
- Skill at Arms plus Shooting can be a Skill.
- Physical Achievement Tests can be a Physical Recreation.
- A Bronze Award Expedition will gain an ACF 2-star expedition pass or a CCF AT badge.
- There is a Service Section Award Programme called 'Service to the ACF/CCF'.
- Participation in the Bronze Award can lead to a Merit in your BTEC First Diploma in Public Services.





Silver Award (15 + years)

Service	Skills	Physical Recreation	Expeditions
6 months	One Section for 6 months and the other Section for 3 months		Plan, prepare for and undertake a 3 day, 2 night venture in open country
<i>Direct entrants must undertake a further six months in either the Service or the longer of the Skills or Physical Recreation Sections.</i>			

- ACF 3-star and CCF further Advanced Training will normally coincide with preparation for the Silver Award.
- Completion of the Silver Award will often satisfy the requirements of ACF 4-star and some CCF Continuation Training subjects.
- Participation in the Silver Award can lead to a Distinction in some parts of your BTEC Diploma in Public Services.



Continuation Training



Gold Award (16 + years)

Service	Skills	Physical Rec.	Expeditions	Residential Project
12 months	One Section for 12 months and the other Section for 6 months		Plan, prepare for and undertake a 4, day, 3 night venture in wild country	Undertake a shared activity in a residential setting away from home for 5 days and 4 nights
<i>Direct entrants must undertake a further 6 months in either the Service, or the longer of the Skills or Physical Recreation Sections.</i>				

- The Gold Award is the natural progression for those who have completed the APC programme.
- Cadet Force Adult Volunteers aged 18-25 will find the Gold Award is an appropriate programme of personal development to follow.

The Award Leadership Programme (16+ years)

- Members of the Cadet Forces aged 16 and over can follow the modular training programme in Award Leadership.
- There are four separate modules – Introduction to the Award, Group Work Skills, Managing a Group and Practical Leadership.
- This programme can be used as the Service option for your Duke of Edinburgh's Award, and can contribute to your BTEC Diploma.

AWARD
training



HOW DOES IT WORK?

- Step 1** Decide what level you want to work at (this will depend on your age, time commitments, etc).
- Step 2** Talk to your Detachment/Contingent Award representative, and arrange to register in the Award. Pay for entry to the Award, and receive your *Record Book Pack*.
- Step 3** Decide with your leader what you want to do in each Section of the Award.
- Step 4** Get going on your Award. When you have finished a Section, make sure you get it signed in your *Record Book* by your instructor and assessor. Look after the book – it is your responsibility!
- Step 5** When you have completed all the Sections of an Award, hand it in to your Award representative, who will arrange for you to receive your Award.
- Step 6** Make sure you get your brassard badge onto your brassard, next to your APC star. Attend a presentation ceremony to receive your Certificate. Continue on to the next level of the Award.

HOW LONG DOES IT TAKE?

This will depend on how much time you can commit to the Award, and the minimum number of months for each Section is explained in this leaflet. For each activity in each Section, you will need to commit an average of about an hour per week. You have until your 25th birthday to complete any of the Awards, but it takes at least six months at Bronze, 12 months at Silver, and at least 18 months for direct entrants at Gold.



WHY DO THE DUKE OF EDINBURGH'S AWARD?

If you enjoy being a Cadet, then the Award gives you even more to enjoy, and increases the challenge and reward. The payback is even more fun, and an internationally renowned Award, recognised and highly respected by potential employers, colleges and universities. If you move on from Cadets, you can continue with your Award in your new situation.

FIND OUT MORE

Talk to the person in your Detachment/Contingent Award responsible for the Award, and take a look at www.armycadetsandtheaward.org.uk and www.theaward.org