



The Duke of Edinburgh's Award in Bermuda

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Gold Expedition/Residential Project Training Schedule | 2012

Unless otherwise stated, all Training Sessions will take place in the Multi-Purpose Room at Somersfield Academy, 107 Middle Road, Devonshire

2012	Time	Location	Curriculum Topic or Activity
Sunday, January 15 th	7.00 a.m.	Botanical Gardens Visitors' Centre	Fitness Training Walk - The Walking Club of Bermuda*
Sunday, January 15 th	4.00 p.m.	Somersfield Academy	Intro to the Adventurous Journey, Review Required Forms, Developing Walking/Hiking Fitness, Awareness of Risk, Health & Safety Issues
Sunday, January 22 nd	7.00 a.m.	Bermuda Sports Centre, Frog Lane	Fitness Assessment #1
Sunday, January 22 nd	4.00 p.m.	Somersfield Academy	Map Skills (<i>Preparatory</i>) - Contours, Grids & Map Work, Intro to Navigation Map Skills (<i>Practical</i>) - Navigation Skills
Sunday, February 5 th	7.00 a.m.	TBC	Fitness Training Walk - The Walking Club of Bermuda*
Sunday, February 5 th	4.00 p.m.	Somersfield Academy	Map Skills (<i>Practical</i>) + Intro to Route Cards
Sunday, February 12 th	4.00 p.m.	Somersfield Academy	Compass Skills + Map Work
Sunday, February 19 th	6.00 a.m.	TBC	Practice Walk #1 + Navigation & Pace Setting
Sunday, February 26 th	4.00 p.m.	Somersfield Academy	Compass Skills + Route Planning Deadline for CASC2012 Registration Forms + \$200 Registration Fee
Sunday, March 4 th	4.00 p.m.	Somersfield Academy	Camp Craft, Hygiene, Packing a Rucksack, Expedition Cooking (<i>Theory</i>)
Sunday, March 11 th	4.00 p.m.	Somersfield Academy	Expedition Cooking (<i>Practice</i>)
Sunday, March 18 th	7.00 a.m.	Horseshoe Beach	Fitness Assessment #2
Sunday, April 1 st	4.00 p.m.	Somersfield Academy	Route Planning for Practice Expedition
Sunday, April 15 th	7.00 a.m.	TBC	Fitness Training Walk - The Walking Club of Bermuda*
Sunday, April 15 th	4.00 p.m.	Somersfield Academy	Route Planning for Practice Expedition
Sunday, April 22 nd	4.00 p.m.	Somersfield Academy	Country & Highway Code + Leave No Trace
May 4 th to May 6 th	TBC	TBC	Practice Expedition 25 th Annual Bermuda Middle-to-End Charity Walk Wilderness First Aid & Emergency Procedures (<i>Theory + Practice</i>)
Sunday, May 20 th	7.00 a.m.	Bermuda Sports Centre, Frog Lane	Fitness Assessment #3
Sunday, May 27 th	4.00 p.m.	Somersfield Academy	Logs, Reports, Recording Observations & Final Presentations
Sunday, June 3 rd	7.00 a.m.	TBC	Fitness Training Walk - The Walking Club of Bermuda*
Sunday, June 10 th	8.00 a.m.	Arboretum	Fitness Assessment #4
Sunday, June 24 th	4.00 p.m.	Somersfield Academy	Final Meeting w/ Participants & Families Cross-Cultural Sensitivity Training

* The Award is not responsible for The Walking Club of Bermuda's schedule. Please check their website (*click their logo below*) each week to confirm the location of their walk.

* The Award reserves the right to mandate participation in Optional Sessions should a Participant and/or Leader not meet minimum fitness requirements.

The Duke of Edinburgh's Award in Bermuda 2012 Gold Expedition



**32nd Annual CASC Gold Award
Qualifying Journey & Residential Project
The Governor-General's Youth Award in The Bahamas**

Friday, July 27th, 2012 to Sunday, August 12th, 2012
23° 28" 40 N, 75° 15" 18' W



The Duke of Edinburgh's Award in Bermuda is pleased to partner with
The Governor-General's Youth Award and
The Caribbean Award Sub-regional Council
for our 2012 Gold Award Expedition & Residential Project

The Duke of Edinburgh's Award in Bermuda
thanks our following Supporters:

The Centre on Angle Street for its continued support of our **Open Award Group 'De Navigators'**.
The Walking Club of Bermuda for organising their **FREE** weekly walks!
Somersfield Academy for allowing us to use their facilities and grounds.



*challenging
young people
everywhere*



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