

**CARIBBEAN AWARD SUB-REGIONAL COUNCIL  
(CASC 2010)**



in collaboration with the  
**PRESIDENT'S YOUTH AWARD: REPUBLIC OF GUYANA**



**THEME: EXPERIENCE THE NATURE KINGDOM**

**UPDATE #1**

Tuesday, December 8<sup>th</sup>, 2009

## 1. BACKGROUND

Guyana hosted CASC in 1999, just one year after Guyana gained independent operator status from the International Award Authority (IAA). Once again, Guyana will be proudly hosting CASC 2010 under the theme “Experience the Nature Kingdom”.

CASC 2010 will be a model for CASC & rich with life-changing & development experiences for all Participants.

The major focus will be on the 120+ Participants & Unit Leaders who will be exposed to, among other things, Lifeguard certification, swimming instruction, HIV/Health peer education, a study of the expedition routes, the Award-in-Action, a Residential Project, a Qualifying Expedition & Cultural Exchanges.

CASC 2010 will last for 16 days commencing July 30<sup>th</sup>, 2010 to August 15<sup>th</sup>, 2010. With much enthusiasm & capacity built over the years, PYARG, the Ministry of Culture Youth & Sport (MCYS) & Guyana are ready to deliver.

**About the Nature Kingdom** | Guyana has a perfect atmosphere for eco-tourism with both tranquillity & excitement. Enjoy the land of unspoiled beauty. This nature-lover’s paradise is totally abundant with exotic wildlife, rich fishing grounds & different species of tropical flowers & plants. Our country’s vast & varied landscapes range from miles of lush rainforest & rolling savannah lands to rich, fertile agricultural lands that make it an ideal place for anyone to experience nature’s true beauty. Visitors can sample our many waterfalls, including the majestic Kaieteur Falls, the largest single drop waterfall in the world.

## 2. AIM

To provide challenging & life-changing experiences for CASC 2010 Participants.

## 3. OBJECTIVES

- To promote a new spirit of Discovery for all Participants.
- To provide Participants with a real life experience of the Award in Guyana “The Nature Kingdom”.
- To foster a greater awareness of the social issues impacting the lives of Caribbean Youth & effect positive behavioural change.
- To provide entertainment & fun for youth in a safe environment.
- To provide a platform for strengthening exchanges among Award youth towards sharing of experiences & best practices, expanding partnerships & opportunities for meaningful youth engagement & development.

## 4. ADMINISTRATION

The overall co-ordination of CASC 2010 is the responsibility of the PYARG Secretariat. They are to ensure that proper planning & dissemination of information are done to ensure attendance of participating countries. As well as co-ordinating, conducting & monitoring all training activities, Expeditions, Residential Project & other relevant activities for CASC 2010. Funding & additional support will be provided by the Ministry of Culture, Youth & Sport of Guyana & businesses.

## 5. TRAINING

Training programmes will be coordinated with a view to improve the knowledge base, mental physical & attitudinal readiness of Expedition Staff & Participants prior to the commencement of the Expedition. Workshops will happen during mornings & are NOT like going to school: they will be fun and interactive! Training programmes will be coordinated to meet international standards & Participants who’ve successfully completed training programmes will be awarded certificates.

To facilitate learning naturally & easily through simulations, the following field trips & discussions are proposed for CASC 2010:

- Jungle Orientation (*to include wilderness first-aid, swimming instruction, basic survival techniques, overcoming obstacles, etc.*)
- Assessors Training & Certification
- Map Reading & Navigation/Route Planning

- Social Issues impacting the lives of today's Youth

## 6. CEREMONIES AND ENTERTAINMENT

There will be a number of activities (*formal & informal*) scheduled to allow overseas contingents experience the true Guyanese hospitality. Also, Participants will be given the opportunity to experience/interact with our unique Guyanese culture & to share theirs as well.

### CARIBBEAN AWARD SUB-REGIONAL COUNCIL - CONTINGENTS July 30<sup>th</sup>, 2010 to August 15<sup>th</sup>, 2010

COUNTRY	PARTICIPANTS	TRAINEE LEADERS	STAFF	TOTAL	TOTAL FEES US \$
Guyana	20	5	15	40	7,000
Trinidad & Tobago	12	3	2	17	3,400
Grenada	10	2	1	13	2,600
St. Lucia	10	2	2	14	3,200
Antigua & Barbuda	8	2	1	11	2,200
Jamaica	8	1	1	10	2,000
Bahamas	8	1	1	10	2,000
Barbados	8	2	1	11	2,400
St. Vincent	5	1	1	7	1,600
Bermuda	8	2	1	11	2,200
British Virgin Islands	4	1	1	6	1,200
Cayman Islands	8	2	1	11	2,200
Dominica	5	1	1	7	1,400
Ecuador	4	1	1	6	1,200
Turks & Caicos	2	1	1	4	800
Montserrat	5	1	1	7	1,400
Canada	5	1	1	7	1,400
Panama	2	1	1	4	1,200
Belize	2	1	0	3	600
Brazil	2	2	1	5	1,000
<b>TOTALS</b>	<b>136</b>	<b>33</b>	<b>35</b>	<b>204</b>	<b>40,800</b>

### CASC 2010 Activity Matrix

Day	Date	Activity	Venue	Remarks
1	30 <sup>th</sup> July, 2010	Arrival & Registration	Base Camp (GSA)	All
2	31 <sup>st</sup> July, 2010	Opening Ceremony	Promenade Gardens	All
3		State Reception	State House	
4		Assessors Training	Base Camp	
5	1 <sup>st</sup> August, 2010	Interfaith Service	Umana Yana	All
6		Training ( <i>Map Reading &amp; Navigation</i> )	Base Camp	
7		Assessors Training	Base Camp	
8	2 <sup>nd</sup> August, 2010	Jungle Orientation	Base Camp	All

9	3 <sup>rd</sup> August, 2010		Jungle Orientation	Base Camp	
10	4 <sup>th</sup> August, 2010		Jungle Orientation	Base Camp	
11	6 <sup>th</sup> August, 2010	Expeditions		All	
12	7 <sup>th</sup> August, 2010	Expeditions		All	
13	8 <sup>th</sup> August, 2010	Expeditions		All	
14	9 <sup>th</sup> August, 2010	Expeditions		All	
15	10 <sup>th</sup> August, 2010	Shopping	Georgetown	All	
16		Fun Day			
17		Culture Night			
18	11 <sup>th</sup> August, 2010	Residential Project	Mahaicony	All	
19	12 <sup>th</sup> August, 2010	Residential Project	Mahaicony	All	
20	13 <sup>th</sup> August, 2010	Residential Project	Mahaicony	All	
21	14 <sup>th</sup> August, 2010	Closing Ceremony	Georgetown	All	
22	15 <sup>th</sup> August, 2010	Departure		All	

### **JUNGLE SURVIVAL COURSE** *(Suitable for Unit Leaders, Assessors, Staff & Award Staff)*

This course will be packed full of adventure & challenging experiences designed to ensure that Participants learn all they need about living & moving in the tropical rain forest - Wilderness First Aid, Land Navigation, Camp Craft, Emergency Care/Rescue & how to find food & water & built a shelter when you are lost in the jungle (*jungle survival*). In this programme, you will adventure to jungle areas still not fully explored, where the terrain can be difficult & unpredictable, but still with fun. That is, after all, part of the experience! Of course, we will never take unnecessary risks or push you beyond what we see as your limits.

### **Jungle Survival Course: ITINERARY**

#### **Day 01**

- Wilderness First Aid
- Emergency Care & Rescue
- Identifying Plants & Animals that are helpful or harmful in the Jungle
- Disaster Management

#### **Day 02**

- Land Navigation
- Finding Food & Water in the Jungle
- Camp Craft/Building Shelters/Tying Knots
- Lighting Fires/Jungle Cooking
- Rope Climbing

#### **Day 03**

- Trekking and Exploration

### **ISSUES IMPACTING THE LIVES OF TODAY'S YOUTH**

- Unemployment/Youth & Business
- Healthy Lifestyle - Sports/Physical Exercise/Outdoor challenges
  - Nutrition
  - Substance Abuse
  - HIV/AIDS
- Caribbean Cultural Identity
- Violence and Crime

## OBJECTIVES

1. To foster a greater awareness of the social issues that negatively affects development of the Caribbean region & effect positive behavioural change.
2. To discuss the extent to which edutainment can be used to highlight the social issues affecting youth in the region & effect positive behavioural change.

## **EXPEDITION GUIDE – GOLD EXPEDITION**

### GENERAL

1. The CASC, in collaboration with the President's Youth Award: Republic of Guyana (PYARG), will be conducting its Gold Expedition in the Mahdia, Region 8 area.
2. Approximately 100 people are expected to attend.

### AIM

3. To outline the administrative details.

### ATTENDANCE

4. All CASC Gold Participants & Unit Leaders are requested to attend.

### OUTLINE

5. a. The Camp will be conducted over 4 days from August 6<sup>th</sup>, 2010 to August 10<sup>th</sup>, 2010.  
b. Participants will camp on the trail between Mahdia - Kangaruma & Tukiet - Kaieteur.  
c. Camp Activities - Participants will be exposed to:  
A study of conservation/field work done at Kaieteur Park  
A fifty mile trek through the Kaieteur Park  
Presentation on Hygiene - environmental, personal & Base Camp  
d. Camp Craft to include:  
Map Reading and Navigation  
Selecting a camp site(s)  
Building tents, field benches, tables, fire places & toilets, etc.  
Basic First Aid exercises.  
Camp Fire, including singing of Creole songs & playing of games  
Group reporting, writing & evaluation of Camp activities

### ADMINISTRATIVE SUPPORT

6. a. Ministry of Culture, Youth & Sport will be requested to:
  - i. Provide transportation on August 5<sup>th</sup> at 0200hrs for departure to Mahdia. Return trip will be made on August 9<sup>th</sup>, 2010.
  - ii. Facilitate PYARG with funding, as required, to purchase rations & hire transportation.
  - iii. Liaise with Regional Administration, Mahdia, Region 8, so that adequate support will be on hand for the expedition.
  - iv. Provide whatever support is needed e.g. Personnel, etc.b. ULs responsibilities include ensuring:
  - i. Checking of kit and equipment.
  - ii. Checking route cards.
  - iii. That proper registration is done and that participants are qualified for the expedition.
  - iv. Proper briefing before departure is done.
  - v. The safety of participants throughout the expedition.
  - vi. The assessment of participants.

### CAMPING KIT & EQUIPMENT

7. Participants are required to walk with all items necessary for the 4 day expedition.

## ACTIVITY SCHEDULE

8. The major legs of the Expedition area as follows.

Georgetown	⇒	Tumatumari ( <i>Truck/Bus</i> )
Tumatumari	⇒	Mahdia ( <i>Trek</i> )
Mahdia	⇒	Pamela Landing ( <i>Trek</i> )
Pamela Landing	⇒	Kangaruma Amatuk Falls ( <i>Trek</i> )
Amatuk Falls	⇒	Waratuk Falls ( <i>Trek</i> )
Waratuk Falls	⇒	Tukiet ( <i>Trek</i> )
Tukiet	⇒	Kaieteur Falls ( <i>Return</i> )

## MOVEMENT

9. Participants to assemble at Base Camp on August 5<sup>th</sup> at 2300hrs for briefing & preparation for departure at 0200hrs.

## CONCLUSION

10. The success of this expedition depends on the commitment of the people involved & as such, it is hoped that we will all work together to achieve our aim.

## GOLD | PROPOSED CONDUCT FOR EXPEDITIONS

Day	Day/Date	Time	Activity	DS
1	5 August	0430	Assembly at Base Camp	
2		0500	Departure to Tumatumari Junction	
3		1000	Preparation of Meals	
4		1030	Arrival at Tumatumari Junction	
5		1045	Trek to Mahdia	
6		1200	Arrival at Mahdia	
7		1400	Visit a mining site	
8		1600	Identifying of Campsite/Setting up Camp	
9		1800	Preparation of Meals	
10			1930	Night Exercise
11	6 August	0600	Wake up - Preparation of meals	
12		0800	Trek to Pamela Landing	
13		1030	Boarding River Craft	
14		1040	Travel to Kangaruma/Amatuk Falls	
15		1230	Arrival at Amatuk Falls	
16		1230	Preparation of Meals	
17		1400	Trek from Northern Landing to Southern Landing	
18		1500	Board boat to Waratuk Falls	
19		1600	Arrival at Waratuk Falls	
20		1630	Departure to Tukiet	
21		1645	Arrival at Tukiet	
22		1715	Trek to Kaieteur Falls	
23		1730	Guided Tour of Kaieteur Falls	
24		1830	Preparation of meals	
25		1900	Night Exercise and Brief	
26	7 August	0600	Reveille/ Preparation of Meals	
27		0800	Departure for Mahdia	
28		1030	Snack/Water Break	
29		1200	Preparation of Meals	
30		1530	Arrival at Mahdia	
31		1630	Setting up of Camp	
32		1700	Preparation of Meals	
33		1900	Interviews with "Pork Knockers"	
34		2100	Camp Fire and Interaction with youths	
35		2200	Brief	
36	8 August	0600	Reveille/Preparation of Meals	
37		0800	Departure to Georgetown	
38		1100	Meals	
39		1400	Arrival in Georgetown	
40		1700	Meals	
41		1900	Debriefing	

42	9 August	0600	Reveille/Preparation of Meals	
43		0800	Preparation of Reports	
44		1000	Cleaning of Camping Equipment	
45		1400	Presentation of Reports	

## PURPOSE

To provide Participants with a qualifying expedition experience at the **Gold Award Level**, but more specifically:

- ✓ To do a physical outdoor challenge, develop team skills & practice Map Reading & Navigation Skills.
- ✓ To investigate environmental work done by the Kaieteur National Park in Region 8.
- ✓ To investigate the lifestyle of youth who live in the Mahdia community & promote The Award.
- ✓ To investigate the impact of mining on the community.
- ✓ To document the process of a small mining operation.
- ✓ To submit a written report on the expedition.

## EXPEDITION GUIDE – SILVER EXPEDITION (REGION 2)

### GENERAL

1. The President's Youth Award: Republic of Guyana (PYARG) will be conducting its Silver Expedition in the Anna Regina, Mainstay Area, Region #2 – Lima Sand - Tapakuma & Capoey.
2. Approximately 70 Participants are expected to attend in order to qualify for the Silver Award.

### AIM

3. To outline the administrative details necessary for an efficient exercise.

### ATTENDANCE

4. All CASC Silver Participants & Unit Leaders are requested to attend.

### OUTLINE

5.
  - a. The Camp will be conducted over a 4 day period from August 5<sup>th</sup> to August 8<sup>th</sup>, 2010.
  - b. Participants will be divided into 4 groups & will be dropped off at strategic points from which they will trek to Tapakuma, Mainstay, Lima Sand & Capoey Lakes.
  - c. Camp Activities - Participants will be exposed to the following:
    - A 30-mile trek around the Mainstay – Capoey area.
    - Presentation on Hygiene - environmental, personal & Base Camp
  - d. Camp Craft to include:
    - Map Reading and Navigation
    - Selecting a camp site(s)
    - Building tents, field benches, tables, fire places & toilets, etc.
    - Basic First Aid exercises.
    - Camp Fire, including singing of Creole songs & playing of games
    - Group reporting, writing & evaluation of Camp activities

## SILVER | PROPOSED CONDUCT OF EXPEDITION

Day	Day/Date	Time	Activity	DS
1	6 August	0800	Departure to Parika	
2		0930	Departure to Supernaam	
3		0800	Arrival at Supernaam/Departure for Mainstay/Lima Sand/Capoey/Tapakuma	
4		1500	Arrival at Lakes/setting up of Camp/Preparation of Meals/Night Exercise	
5		2000	Night Exercise	
6	7 August	0500	Reveille/Preparation of Meals	
7		0615	Preparation for Departure	
8		0630	Departure for the different Lakes	
9		0200	Snack/Water Break	
10		1700	Arrival at Camp Site/Preparation of Meals/Setting up of Camp	
11		2000	Night Exercise	
12	8 August	0500	Reveille/Preparation of Meals	
13		0615	Preparation for Departure	

14		0630	Departure for Lakes	
15		1130	Arrival at Lakes/Set up Camp	
16		1200	Preparation of Meals	
17		1400	Community Service	
18		1600	Tour around Essequibo Coast	
19		1800	Preparation of Meals/Preparation for Talent Show	
20		2000	Talent Show/Social	
21	9 August	0500	Preparation for Departure	
22		0530	Departure for Stelling	
23		0600	Boarding/Departure for Parika	
24		0730	Breakfast on Ferry	

## SILVER GROUP POINTS

### GROUP POINT 1

Trek from Capoey Main Road to Village  
 Capoey to Tapakuma  
 Tapakuma to Mainstay  
 Mainstay to Anna Regina

### GROUP POINT 2

Anna Regina to Mainstay  
 Mainstay to Lima Sand  
 Tapukam to Mainstay  
 Capoey Settlement to Capoey Village

### GROUP POINT 3

Anna Regina to Tapakuma  
 Tapakuma to Capoey  
 Boat Settlement to Mainstay  
 Mainstay to Anna Regina

### GROUP POINT 4

Anna Regina to Feather Beach  
 Feather Beach to Tapakuma  
 Tapakuma to Mainstay  
 Mainstay to Anna Regina

## 2010 CASC Standard Operations & Procedures

1. Reveille will be at 0500hrs.
2. Lights out will be at 2300hrs depending on the programme or as indicated by Expedition Leader.
3. All meals will be of one-hour duration or as indicated by Expedition Leader.
4. Participants & Leaders are expected to be at their respective sessions punctually. Sick Reports must be made before the commencement of the sessions or as soon as possible.
5. Consumption of alcoholic beverages & smoking will not be allowed.
6. The possession & use of illegal drugs are strictly prohibited & any infringement thereof is punishable by law.
7. The highest level of honesty & integrity is expected from Participants & Leaders at all times.
8. Participants with large sums of cash/valuable items incl. mobile phones must be given to the Expedition Leader for safe-keeping; otherwise, the Expedition Leader is not responsible for any losses.
9. Participants will not be allowed to use mobile phones during expeditions.
10. Obscene language is strictly prohibited & a high standard of behaviour & discipline must be maintained.
11. Participants & Leaders must ensure that no damage is caused to any property or equipment.
12. No one is expected to leave the campsite, training venue or location without the permission of the Expedition Leader.
13. Complaints, damages, losses, accidents or any unusual incident or observation must be reported immediately to the Expedition Leader or Deputy Expedition Leader.
14. Male & female accommodation/sleeping areas are **OUT OF BOUNDS** to the opposite gender.
15. No Swimming will be allowed in creeks or lakes on any of PYARG expeditions.