



The Duke of Edinburgh's Award in Bermuda

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Silver & Gold Adventurous Journey Training Schedule | 2010

Unless otherwise stated, all Training Sessions will take place in the Multi-Purpose Room at Somersfield Academy, 107 Middle Road, Devonshire

	2010	Time	Location	Curriculum Topic or Activity
M	Sunday, January 17 th	5.30 p.m.	Somersfield Academy	Introduction to the Adventurous Journey, Review Required Forms, Developing Walking/Hiking Fitness
O	Saturday, January 23 rd	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #1
M	Sunday, January 24 th	7.00 a.m.	National Stadium	Fitness Assessment #1
M	Sunday, January 24 th	5.30 p.m.	Somersfield Academy	Preparatory Map Skills - Contours, Grids & Map Work
O	Saturday, January 30 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #2
O	Saturday, February 6 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #3
M	Sunday, February 7 th	5.30 p.m.	Somersfield Academy	Practical Map Skills - Route Cards, Route Planning (<i>Individual</i>), Map Work, Navigational & Route Finding Skills
O	Saturday, February 13 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #4
M	Sunday, February 14 th	5.30 p.m.	Somersfield Academy	Compass Skills (<i>in & outdoors</i>)
M	Sunday, February 21 st	6.00 a.m.	National Stadium	Practice Walk #1
O	Saturday, February 27 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #5
O	Saturday, March 6 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #6
M	Sunday, March 7 th	5.30 p.m.	Somersfield Academy	Compass Skills & Route Planning (<i>outdoors</i>)
O	Saturday, March 13 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #7
M	Sunday, March 14 th	5.30 p.m.	Somersfield Academy	Wilderness First Aid & Emergency Procedures Training #1 Awareness of Health, Risk & Safety Issues
O	Saturday, March 20 th	9.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #8
O	Saturday, April 17 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #9
M	Sunday, April 18 th	7.00 a.m.	National Stadium	Fitness Assessment #2
M	Sunday, April 18 th	5.30 p.m.	Somersfield Academy	DEADLINE for CASC/BASE Registration Forms & \$200 fee Camp Craft, Equipment & Hygiene Backcountry Cooking & Nutrition #1
O	Saturday, April 24 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #10
M	Sunday, April 25 th	5.30 p.m.	Somersfield Academy	Camp Craft, Equipment & Hygiene Backcountry Cooking & Nutrition #2 Country Code, Highway Code & <i>Leave No Trace</i> Ethics
M	Friday, April 30 th	3.45 p.m.	The Berkeley Institute	Practice Hike w/ Full Pack + Camp Overnight #1 Wilderness First Aid & Emergency Procedures Training #2
	Saturday, May 1 st	7.00 a.m.	Albuoy's Point to Dockyard	Practice Hike w/ Full Pack 2010 Bermuda End-to-End Charity Walk + Camp Overnight #2
	Sunday, May 2 nd	4.00 p.m.	Ferry Albuoy's to Island (TBA)	

O	Saturday, May 15 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #11
O	Saturday, May 29 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #12
M	Sunday, May 30 th	8.00 a.m.	National Stadium	Fitness Assessment #3
M	Sunday, May 30 th	5.30 p.m.	Somersfield Academy	Cross-Cultural Sensitivity Training, Revision & Debrief Logs, Reports, Recording Observations & Final Presentations
O	Saturday, June 5 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #13
M	Sunday, June 6 th	5.30 p.m.	TBA	Final Meeting w/ Participants & families re: Caribbean Award Sub-regional Council CASC2010 in Guyana or Bahamas Award Scheme Expedition BASE2010 in The Bahamas
O	Saturday, June 12 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #14
O	Saturday, June 19 th	7.00 a.m.	Modern Mart, Paget	Fitness Training Walk and/or Hike #15 (final)



M Session is MANDATORY

O Session is beneficial, but OPTIONAL

N.B. Schedule is subject to change.

The Duke of Edinburgh's Award in Bermuda Silver & Gold Adventurous Journey Dates for 2010:

(Dates below are not yet confirmed and do not include travel dates)



1 | Bahamas Award Scheme Expedition | BASE 2010
The Governor-General's Youth Award | The Commonwealth of The Bahamas
 Saturday, June 26th to Wednesday, July 8th, 2010

2 | Caribbean Award Sub-Regional Council
Annual Expedition | CASC 2010

The President's Award | Cooperative Republic of Guyana
 Friday, July 30th, 2010 to Monday, August 16th, 2010



THE CENTRE



The Duke of Edinburgh's Award in Bermuda would like to thank **The Centre** on Angle Street for its continued partnership in developing Bermuda's Young People by supporting *'De Navigators'* **Open Award Group**.

The Duke of Edinburgh's Award in Bermuda would like to thank **Somersfield Academy** for its partnership in developing Bermuda's Young People by allowing us to use their facilities.



*challenging
young people
everywhere*