



# The Duke of Edinburgh's Award in Bermuda

Box HM 1577, Hamilton HM GX, Bermuda | [dofe@theaward.bm](mailto:dofe@theaward.bm) | +1.441.537.4868 | [www.theaward.bm](http://www.theaward.bm)

## Silver & Gold Adventurous Journey Training Schedule | 2010

Unless otherwise stated, all Training Sessions will take place in the Multi-Purpose Room at Somersfield Academy, 107 Middle Road, Devonshire

	2010	Time	Location	Curriculum Topic or Activity
M	Sunday, January 17 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Introduction to the Adventurous Journey, Review Required Forms, Developing Walking/Hiking Fitness
O	Saturday, January 23 <sup>rd</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #1
M	Sunday, January 24 <sup>th</sup>	7.00 a.m.	National Stadium	Fitness Assessment #1
M	Sunday, January 24 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Preparatory Map Skills - Contours, Grids & Map Work
O	Saturday, January 30 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #2
O	Saturday, February 6 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #3
M	Sunday, February 7 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Practical Map Skills - Route Cards, Route Planning ( <i>Individual</i> ), Map Work, Navigational & Route Finding Skills
O	Saturday, February 13 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #4
M	Sunday, February 14 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Compass Skills ( <i>in &amp; outdoors</i> )
M	Sunday, February 21 <sup>st</sup>	6.00 a.m.	National Stadium	Practice Walk #1
O	Saturday, February 27 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #5
O	Saturday, March 6 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #6
M	Sunday, March 7 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Compass Skills & Route Planning ( <i>outdoors</i> )
O	Saturday, March 13 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #7
M	Sunday, March 14 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Camp Craft, Equipment & Hygiene Backcountry Cooking & Nutrition
O	Saturday, March 20 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #8
O	Saturday, April 17 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #9
M	Sunday, April 18 <sup>th</sup>	7.00 a.m.	National Stadium	Fitness Assessment #2
M	Sunday, April 18 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Wilderness First Aid & Emergency Procedures Training #1 Awareness of Health, Risk & Safety Issues
O	Saturday, April 24 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #10
M	Sunday, April 25 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Logs, Reports, Recording Observations & Final Presentations Intro. to Country Code, Highway Code & <i>Leave No Trace</i> Ethics
M	Friday, April 30 <sup>th</sup>	TBA	TBA	Practice Hike w/ Full Pack + Camp Overnight #1
M	Saturday, May 1 <sup>st</sup>	TBA	Albuoy's Point to Dockyard	Practice Hike w/ Full Pack 2010 Bermuda <b>End-to-End Charity Walk</b> + Camp Overnight #2 Wilderness First Aid & Emergency Procedures Training #2
	Sunday, May 2 <sup>nd</sup>	TBA	Ferry Dockyard to Island (TBA)	
O	Saturday, May 15 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #11
O	Saturday, May 29 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #12

M	Sunday, May 30 <sup>th</sup>	8.00 a.m.	National Stadium	Fitness Assessment #3
M	Sunday, May 30 <sup>th</sup>	5.30 p.m.	Somersfield Academy	Cross-Cultural Sensitivity Training, Revision & Debrief
O	Saturday, June 5 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #13
M	Sunday, June 6 <sup>th</sup>	5.30 p.m.	TBA	Final Meeting w/ Participants & families re: Caribbean Award Sub-regional Council   CASC2010 in Guyana or Bahamas Award Scheme Expedition   BASE2010 in The Bahamas
O	Saturday, June 12 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #14
O	Saturday, June 19 <sup>th</sup>	9.00 a.m.	TBA	Fitness Training Walk and/or Hike #15 (final)



M Session is MANDATORY

O Session is beneficial, but OPTIONAL

**N.B. Schedule is subject to change.**

**The Duke of Edinburgh's Award in Bermuda Silver & Gold Adventurous Journey Dates for 2010:**

*(Dates below are not yet confirmed and do not include travel dates)*



**1 | Bahamas Award Scheme Expedition | BASE 2010**  
**The Governor-General's Youth Award | The Commonwealth of The Bahamas**  
 Saturday, June 26<sup>th</sup> to Wednesday, July 7<sup>th</sup>, 2010 OR  
 Tuesday, June 29<sup>th</sup> to Friday, July 9<sup>th</sup>, 2010



**2 | Caribbean Award Sub-Regional Council**  
**Annual Expedition | CASC 2010**  
**The President's Award | Cooperative Republic of Guyana**  
 Friday, July 30<sup>th</sup>, 2010 to Monday, August 16<sup>th</sup>, 2010



**The Duke of Edinburgh's Award in Bermuda** would like to thank **The Centre** on Angle Street for its continued partnership in developing Bermuda's Young People by supporting *De Navigators'* **Open Award Group**.

**The Duke of Edinburgh's Award in Bermuda** would like to thank **Somersfield Academy** for its partnership in developing Bermuda's Young People by allowing us to use their facilities.



*challenging  
young people  
everywhere*